



Community School Connections

December 2020

How to Celebrate Safely This Holiday Season

The CDC is recommending small and even virtual celebrations this holiday season. If you do decide to celebrate in person, here are some tips to help stay safe from the spread of Covid-19.

- ◆ Have everyone wear a mask except when they are eating.
- ◆ Practice social distancing between members of different households with a minimum distance of 6 feet. An assigned and staggered seating arrangement can be implemented during meals.
- ◆ Avoid hugs, kisses, and handshakes when greeting people.
- ◆ Consider using disposable plates, flatware, napkins and tablecloths.
- ◆ Appoint one person to place food on everyone's plate to avoid sharing serving utensils.
- ◆ Provide paper towels for guests to use instead of sharing a cloth towel to dry their hands.
- ◆ Consider keeping your windows open to increase air circulation.

No matter what holiday you celebrate this year, focus on its essence and what is most important to you. Even if your traditions look different than previous years, there are still ways to celebrate in meaningful ways. Try engaging in activities with your family throughout the entire month and maybe even start some new traditions!

Sources:
<https://www.hackensackmeridianhealth.org/HealthU/2020/10/26/how-to-more-safely-celebrate-the-holidays-this-year/>
<https://www.realsimple.com>



December 10th is Human Rights Day which celebrates the inalienable rights which everyone is entitled to. For more information visit <https://www.un.org/en/observances/human-rights-day>

Fun, Free and Educational Resources to Keep Students Engaged Over Winter Recess

NASA's Jet Propulsion Lab offers a range of activities for grades K-12 that range from robot building to Moon journaling.

<https://www.jpl.nasa.gov/edu/learn/>

The Metropolitan Museum of Art has a site specifically dedicated to content for kids including over 5,000 years of art to explore and an assortment of how-to videos with hands-on projects to try at home.

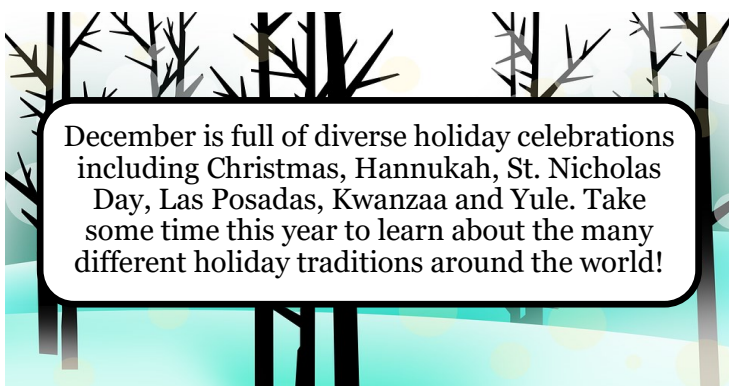
<https://www.metmuseum.org/metkids>

Funbrain offers hundreds of free educational games, books, comics, and videos for Pre-K - 8.

<https://www.funbrain.com/>

Chrome Music Lab lets kids learn music right through their fully interactive website.

<https://musiclab.chromeexperiments.com/Experiments>



December is full of diverse holiday celebrations including Christmas, Hannukah, St. Nicholas Day, Las Posadas, Kwanzaa and Yule. Take some time this year to learn about the many different holiday traditions around the world!